

ENDICOTT-ST. JOHN COOPERATIVE SCHOOLS

October, 2017

Nonfat and 1% milk available

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1	2 Chicken nuggets* Fries Muffin Pears	3 Pizza* Salad Applesauce	4 Chicken & noodles Green beans Veggie tray Orange slice 2:15 RELEASE	5 Straw hats* Corn Cucumber sticks Peaches	6 Hot dogs Baked beans Carrot sticks Pineapple	7	
8	9 Chicken fajitas* w/lettuce & tomato Refried beans Grapes	10 Cherry blossom chicken Rice* Veggie tray Fruit tray	11 Mac & cheese Mixed veggies Carrot sticks Blueberries 2:15 RELEASE	12 Turkey gravy Mashed potatoes Salad Roll* Fruit salad	13 Ham or egg salad sandwich* w/lettuce & tomato Apple slices Fries	14	
15	16 Chickenwich* w/lettuce & tomato Fries Banana	17 Taco* w/lettuce & tomato Refried beans Applesauce	18 BBQ chicken sandwich* Veggie tray Dreamsicle salad NOON RELEASE	19 Spaghetti* Salad Garlic roll Grapes	20 Salad bar Roll* Peaches	21	
22	23 Hamburger* w/lettuce & tomato Fries Pears	24 Chicken parmesan Noodles* w/ marinara sauce Salad Banana	25 Nachos* Refried beans Carrots Orange slice Muffin* 2:15 RELEASE	26 Sloppy Joe* Corn Mandarin oranges	27 Sausage Eggs Pancakes* Hashbrown Cucumber slices Fruit tray	28	
29	30 Swiss steak Rice* Green beans Banana	31 Chili w/cheese Veggies Apricots Cinnamon rolls*					

Endicott School District is an equal opportunity provider and employer.

*Whole Grain **Menu subject to change as needed.

